

Lectio Divina



April 20th 2025 Easter Sunday Year C John 20:1-9

²⁰⁻¹Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. ²So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.' ³Then Peter and the other disciple set out and went towards the tomb. ⁴The two were running together, but the other disciple outran Peter and reached the tomb first. ⁵He bent down to look in and saw the linen wrappings lying there, but he did not go in. ⁶Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, ⁷and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. ⁸Then the other disciple, who reached the tomb first, also went in, and he saw and believed; ⁹for as yet they did not understand the scripture, that he must rise from the dead.

- Read and re-read out loud and slowly the Gospel.
- Meditate on reading as being spoken to you, an experience in your life.
- **Pray -** Thanksgiving Repentance Petition.
- Action Attitude (Call to change / to act /to do).

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In this week's gospel we see that the open tomb is a big part of the Easter story. When Mary of Magdala visits the tomb on the third day after Jesus is crucified, she finds that the stone has been moved away. The realisation gradually dawns that something wonderful has happened. Jesus is risen from the dead. Because the hearts of Mary and the disciples were opened that first Easter morning they understood what Jesus had been trying to teach them all along.

Are our hearts open to receive the Good News of the Resurrection? Are we ready to accept this good news and bring it to all people?

Prayer:

Thank you Lord for the light and beauty of the Easter season, the lovely flowers and bright evenings which remind us of the new life offered to us through the resurrection.

Forgive us Lord for the times we do not make an effort to bring our faith and belief in the resurrection to all people especially those who may be in darkness and see no hope..

Lord help us to bring new hope and light to all people. Help us to roll away the stone that might be keeping them locked in their darkness.